HOT group feedback from 'What do you think?' questions (7/06/10)

What's good and bad about sharing your own place?

- I have freedom to do the things that I like, eat the type of foods that I enjoy, and spend my pass time as I choose
- Staff are kind and supportive
- I have my own space
- Staff help me to cook / able to talk to them if I have a problem
- I like the people that I live with, being in social surroundings, have lots of friends (you can feel lonely on your own)
- Having support around you, someone to look out for you
- Sharing things like housework and the rent
- I enjoy doing household tasks like cleaning
- A good network of support / good social worker
- Happy at home with family, like to take the dog out for a walk
- Like to go outside in the garden
- Got sky!
- I like not having my mum telling me what to do all the time

- Treated like a child by support staff
- Too many people being in the same place at the same time, (for example, in the kitchen)
- It is noisy, with a lot of people around, but also other people can be shouting / swearing as well.
- People around you all the time, following me
- Don't like the street where I live
- I don't like the people that I live with and would prefer to live on my own
- Some people that I live with do not put the rubbish away or help in the house.
- Only older people around me
- I'd like to do more things, I don't get out and about / Inside all day
- Don't have the opportunity to make my own food
- People move things around and you cannot find them
- Support staff telling me what I can / cant do

What is good and bad support?

- Help to get out, going shopping, accessing activities (e.g. Horse riding, going out for a walk)
- Help to find work
- Have support in the house with house work and tasks
- Help me to see my family

- Staff work well with others
- Encourage me to do more, e.g my own cleaning
- They are there when I need them
- I can stay at home with my mum / dad / family
- My support worker takes me to work

- Some staff don't like the same hobbies, so don't join in
- More experienced support / too many different support workers / staff leaving
- Not motivating me / do not encourage me
- Sometimes nasty / rushing me
- They don't tell us what to do
- Tell me what to do with my money
- They don't help me become independent
- Would like to do more in the café with support / don't help with cooking
- Would like to get out more
- need to be more supportive

Do you get to make enough choices for yourself?

- I choose when I want to go shopping and what I want to buy
- My mum helps me to choose, she talks about the different options with me
- I get to go to places
- I can choose activities I like such as swimming and buy my own toiletries / clothes
- I get to choose what I eat and what I wear

- I would like to have more choice over the amount of times I go out and where I go
- I get to make choices sometimes but would like more freedom to decide when I would like to go out and when I want to stay in.
- My sister makes a lot of my choices; I would like to make these for myself.
- I would like to do more things that I am interested in.
- I am thinking of living somewhere else because I would like more choice.

Are you encouraged to be independent? (E.g. cooking, cleaning, able to meet friends?)

- Completes own household tasks, cooking, cleaning
- Works at sparkling clean
- Very independent
- Enjoy baking

- Enjoys helping
- Does 90% himself
- Every one has friends
- Cooking with mum
- Work rota
- Would like to do more when moving

Do you have too much support? (Do people answer for you or make decisions you want to make?)

- I Like my support, I can do things for myself (I get support with my money / I like to go out with my girlfriend)
- I get support to help in the house
- Family coming to take me out
- I am supported all the time, I don't think this is too much, I go out with my family
- My support is just right- I am helped to clean my room and do personal tasks
- I like to go out and do sport with my workers
- My support is just right- I am supported to be more independent
- My family support me, I am able to make choices

- I don't need staff to do things all the time I would like to do things for myself more
- I would like more support to go out with me, I go out on my own. I would like support to help me get a job.
- My support take me out places for an hour, I would like to go out more
- I would like support workers as well as my family
- I only get to make decisions sometimes

Do you have someone you can talk to if you have a problem?

- Day opps staff / Carer / Key worker / Support staff / advocate
- Mum /Dad / Family / Girlfriend
- Doctor
- Group members