

Join your Skills Bank now!

There are lots of reasons why you should get involved!

- The Skills Bank will help you to make things better in your area
- It will not cost you any money
- The Skills Bank will help you to share the things that you are good at

It will also help you to get to know other people in different areas which will help you to build a stronger community.



To find out more please contact:



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Skills Bank



**Share your skills
with others and
help your area get
better!**

It's about skills!

A skills bank is a great way for people to help each other without using money. For every hour of time you give helping someone from another area you will get one time credit.

What can you do with your time credits?

You can exchange your time credits when you need help from someone else.

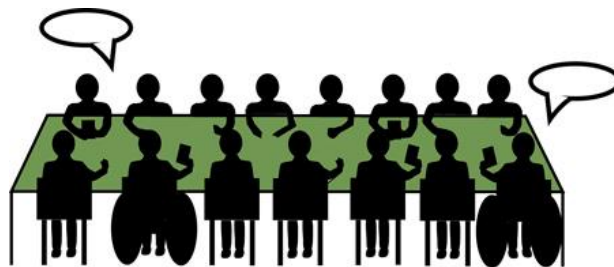
Who can get time credits?

Anyone can take part.

Everyone's time and skills are worth the same in the Skills Bank and it is important that everyone in your member area knows they can join, especially people with a learning disability and family carers.

When you join the scheme we will open an account for you. Your hours will be recorded and we will send each area a regular statement of the time you have given and received.

The kind of skills people will give and get



Improving Partnership Board Meetings



Helping people to find jobs



Getting more housing that people want to live in

The Time Bank

You give

People in the Skills Bank will share things that they are good at. This will be called **giving** a skill to the bank.

You get

In return, people will get help with the things that they find difficult. This will be called **getting** a skill from the bank.

Who will help?

Ian Margerison is the Skills Broker. He will help everyone get involved in the Skills Bank and make sure things happen!

Ian can help you to think about the skills that you have to give in your area and what you would like to get from the Skills Bank.

He can also visit your area to tell other people about the Skills Bank