

NEW
date for
2012

The Calderdale, Kirklees and Wakefield Learning
Disability Partnership Boards invite you to



it's my health day

Come along to the 'It's my health' day for a fun, interactive day and the chance to find out what health and well-being services are available to you.



on:

Thursday 8th March 2012

at:

**The Village Hotel,
Capitol Boulevard West,
Tingley, Leeds
LS27 0TS**



(just off junction 28 of the M62 on the A650)

time:

10am - 3pm



At this event, you can tell us what you think about our services and anything else important to you.

You can also take part in fruit tasting, music and dance, creative arts, physical activity, relaxation/massage and lots of other health promotion activities.

**For more information please contact
Sara Pearson on 01924 303847 or Marie Gibb 01924 543691**