

Section 9

Directory



These pages contain the contact details of organisations and support services mentioned throughout the guide, and other organisations regarding support for people with learning disabilities in the UK.

Next to each entry are symbols that refer to the different sections of the guide. These correspond to sections in the guide, and refer to the kind of services that each entry offers. Please refer to the relevant section(s) to find further information.

Section 1 – Carers and support in the community

Section 2 – Finances and benefits

Section 3 – Rights and complaints

Section 4 – Healthcare

Section 5 – Education, employment and leisure

Section 6 – Emergency care, housing and holidays

Section 7 – Transport

Section 8 – Speaking up

Section 9 – Directory

Local

Adaptations Team (Wakefield Council)

Address: The Open Door Project, Adaptations Assessment Team,
Queens House, Queens Row, Market Street, Wakefield WF1 1DF

Tel: 01924 304550

Fax: 01924 304544

Email: adaptationsteam@wakefield.gov.uk

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Advocacy Action

Address: c/o St Andrews Christian Centre, Peterson Road,
Wakefield WF1 4DX

Tel: 01924 380 197

Email: info@advocacyaction.org.uk

Web: www.advocacyaction.org.uk

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Age Concern Wakefield District

Address: 7 Bank Street, Castleford WF10 1JD

Tel: 01977 552114

Fax: 01977 518549

Email: admin@acwd.org.uk

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Alzheimer's Society (Wakefield and Five Towns Branch)

Address: 21 King Street, Wakefield WF1 2SR

Tel: 01924 373264

Email: alzheimers-soc@btconnect.com

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AutismPlus

Address: St Mary's Community Centre, The Circle,
Chequerfield, Pontefract WF8 2AY

Tel: 01977 705341

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Avalon Group

Address: Second Floor, Dewsbury Business Centre,
13 Wellington Road, Dewsbury WF13 1HF

Tel: 01924 439913

Email: sharonhold@avalongroup.org.uk

Web: www.avalongroup.org.uk

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Barnsley College

Address: PO Box 266, Church Street, Barnsley S70 2YW

Tel: 01226 216216

Enquiries: 01226 216267 / 216114

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Beautiful Octopus Club

Address: West Yorkshire Playhouse, Playhouse Square,
Quarry Hill, Leeds LS2 7UP

Box Office: 0113 213 7700

Email: info@wyp.org.uk

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Parking (Blue) Badge Scheme (Wakefield Council)

Address; PO Box 208, Pontefract WF8 1WS

Tel: 0800 169 6520

Fax: 01977 724308

Email: bluebadge@wakefield.gov.uk

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The Brain Injury Rehabilitation Trust (BIRT)

Address: 60 Queen Street, Normanton, Wakefield WF6 2BU

Tel: 01924 896100

Fax: 01924 899264

Email: director@birt.co.uk

Web: www.birt.co.uk

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Carers Wakefield and District

Address: 25 King Street, Wakefield WF1 2SR

Tel: 01924 305 544

Fax: 01924 305 348

Email: info@carerswakefield.org.uk

Web: www.carerswakefield.org.uk

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Chevin Housing Group (Wakefield)

Address: Harrison Street, Wakefield WF1 1PS

Tel: 01924 290949

Fax: 01924 363595

Email: enquiries@chevinha.co.uk

Web: www.chevinha.co.uk

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Choice Recruitment

Address: 32/34 Wood Street, Huddersfield HD1 1DU

Tel: 01484 515332

Email: angela@choicerecruitment.co.uk

Web: www.choicerecruitment.com

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Choice Support

Address: Unit 5, Clarke Hall Farm, Aberford Road,
Wakefield WF1 4AL

Tel: 01924 299399

Email: rachael.priest@choicesupport.org.uk

Web: www.choicesupport.org.uk

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Citizens Advice Bureau (Wakefield)

Address: Ground Floor, 27 King Street, Wakefield WF1 2SR

1st Floor, Horsefair House, Horsefair, Pontefract WF8 1NX

Westfield Resource & Enterprise Centre, Westfield Lane,

South Elmsall WF9 2PU

Tel: 0844 499 4138

Web: www.wakefielddistrictcab.co.uk

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Complaints and Representations Team (Wakefield Council Family Services)

Address: Family Services Complaints and Representations Team,
Normanton Town Hall, High Street, Normanton WF6 2DZ

Tel: 01924 302840

Email: familyservicescomplaints@wakefield.gov.uk

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Connexions Direct

Tel: 080 800 13 2 19

Web: www.connexions-direct.com

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Connexions Wakefield District

Wakefield Connexions

Address: 24 Wood Street, Wakefield WF1 2ED

Tel: 01924 371579

Email: wakefield@vtplc.com

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Castleford Connexions

Address: Centre X1, Ferrybridge Road, Castleford WF10 4JQ

Tel: 01977 524125

Email: castleford@vtplc.com

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Customer Contact Centre (Wakefield Council)

Tel: 0845 8 506506

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DIAL Wakefield (Disability Information and Advice Line)

Address: Highfield House Resource Centre, Love Lane,
Castleford WF10 5RT

Tel: 01977 723933 or 34

Textphone: 01977 724081

Fax: 01977 724 081

Email: advice@dialwakefield.co.uk

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Dimensions UK (North Central)

Address: 5 Thornes Office Park, Monckton Road, Off Denby Dale Road, Wakefield WF2 7AN

Tel: 01924 205420

Email: carol.phillips@dimensions-uk.org

Web: www.dimensions-uk.org



English Churches Housing Group

Address: Marsh Way House, 10 Arundel Way, Wakefield WF1 3LF

Tel: 01924 369415

Email: kevin.ponting@echg.org.uk



Federation of Disability Sports Organisations

Address: Unit 9 Milner Way, Osset, Wakefield WF5 9JN

Tel: 01924 279305

Minicom: 01924 275070

Fax: 01924 280232

Email: fhall@fdso.co.uk

Web: www.fdso.co.uk



Guidance Services

Web: www.guidance-services.co.uk

Castleford

Address: 21 Sagar Street, Castleford WF10 1AG

Tel: 01977 552824

Fax: 01977 668120

Email: castleford@vtplc.com



Pontefract

Address: 6 - 8 Gillygate, Pontefract WF8 1PQ

Tel: 01977 690667

Fax: 01977 690644

Email: pontefract@vtplc.com



Guidance Services

Web: www.guidance-services.co.uk

Wakefield

Address: 24 Wood Street, Wakefield WF1 2ED

Tel: 01924 371579

Fax: 01924 371540

Email: wakefield@vtplc.com

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Horticare

Address: Lindhill Nureries, Batley Road, Kirkhamgate,
Wakefield WF2 0SH

Tel: 01924 372433

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Huddersfield Crossroads Caring for Carers

Address: Trafalgar Mills, Leeds Road, Huddersfield HD2 1YY

Tel: 01484 537036/7

Email: info@huddersfieldcrossroads.co.uk

Web: www.crossroads.co.uk

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Jobcentre Plus (Wakefield)

Address: Crowther House, Thornhill Street, Wakefield WF1 1PL

Tel: 01924 322218

Textphone: 01977 559225

Web: www.jobcentreplus.gov.uk

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KeyRing (Yorkshire and North East Regional Office)

Address: Bridge House, Balm Road, Leeds, LS10 2TP

Tel: 0113 270 7775

Fax: 0113 270 7717

Email: enquiries@keyring.org

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Kirklees and Wakefield IMCA Service

Address: 21 King Street, Wakefield WF1 2SR

Tel: 01924 361050

Email: kirkleeswakefieldimca@together-uk.org

Web: www.together-uk.org

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Kirklees College: Dewsbury Centre

Address: Halifax Road, Dewsbury WF13 2AS

Tel: 01924 465916

Email: info@dewsbury.ac.uk

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Learning and Skills Team (Wakefield Council)

Address: Clarke Hall Educational Museum, Aberford Road,
Wakefield WF1 4AL

Tel: 01924 302700

Email: learningandaccess@wakefield.gov.uk

Web: www.wakefieldmuseums.org

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Lift Up Advocacy

Address: St Andrew's Christian Centre, Peterson Road,
Wakefield WF1 4DX

Tel: 01924 380197

Email: group@liftup.org.uk

Website: www.liftup.org.uk

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Mencap Pathway

Address: 6a Calder Vale Road, Wakefield, West Yorkshire WF1 5PE

Tel: 01924 239955

Fax: 01924 363816

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Mental Health Matters

Address: Ground Floor, Old Town Hall, Crown Court, Wakefield, West
Yorkshire, WF1 2SU.

Tel: 01924 339345/339352

Email: backintouch@btconnect.com

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Millennium Care Services

Address: Millennium House, Station Lane, Featherstone,
Pontefract WF7 5BA

Tel: 01977 602867

Fax: 01977 602798

Email: info@mcare.com

Web: www.mcare.info

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National Coal Mining Museum for England

Address: Caphouse Colliery, New Road, Overton, Wakefield WF4 4RH

Tel: 01924 848806

Web: www.ncm.org.uk

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NHS Wakefield District

Address: White Rose House, West Parade, Wakefield WF1 1LT

Tel: 01924 213050

Fax: 01924 213157

Web: www.wakefielddistrict.nhs.uk

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NHS Wakefield District – Complaints Department

Address: Complaints Department, NHS Wakefield District, White Rose House, West Parade, Wakefield WF1 1LT

Tel: 01924 213140

Email: complaints@wdpct.nhs.uk

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NHS Wakefield District – Patient Advice and Liaison Service (PALS)

Tel: 0845 602 4832

Text: For general health enquiries, text PALS plus your name and a short query, to 64446.

Email: PALS@wdpct.nhs.uk

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Penderels Trust

Address: Unit 2, Normanton Business Park, Ripley Drive, Normanton WF6 1QT

Tel: 01924 898136

Fax: 01924 895018

Email: wakefield@penderelstrust.org.uk

Web: www.penderelstrust.org.uk

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Pontefract Family Centre

Address: 4 Harropwell Lane, Pontefract WF8 1QY

Tel: (01977) 706932

Email: dave@ponfamcen.org.uk



Robinia Support Solutions (North)

Address: Unit B, Moor Park Business Centre, Wakefield WF2 8PF

Tel: 01924 231020

Fax: 01924 364529

Email: LearnAndEd@robinia.co.uk



Second Chance Headway Centre

Address: Pinderfields Hospital, Aberford Road, Wakefield WF1 4DG

Tel: 01924 212951

Fax: 01924 212951

Email: info@schc.co.uk

Web: www.secondchanceheadwaycentre.org



Social Care Direct

The service is available 24 hours a day,
seven days a week.

Tel: 0845 8503 503

Fax: 01924 303455

Mini com: 01924 303450

(Type talk calls welcome)

Email: social_care_direct@wakefield.gov.uk



South West Yorkshire Partnership NHS Foundation Trust

Address: Fieldhead Hospital, Ouchthorpe Lane,
Wakefield WF1 3SP.

Tel: 01924 327000

Web: www.southwestyorkshire.nhs.uk



Stars in the Sky Yorkshire

Address: c/o HFT, Unit 3, Calder Close, Calder Park,
Durkar, Wakefield WF4 3BA

Tel: 01924 229120/242700

Email: karen.England@hft.org.uk

Web: www.hft.org.uk or www.dimensions-uk.org

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Supporting People Team (Wakefield Council)

Address: Unit 21, Greens Industrial Estate,
Calder Vale Road, Wakefield WF1 5PH

Tel: 01924 306293

Fax: 01924 306861

Email: supporting@wakefield.gov.uk

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TACT North

Address: 8 Springwell Court, Holbeck,
Leeds LS12 1AL

Tel: 0113 242 1388

Fax: 0113 246 1399

Email: tactnorth@tactltd.org

Web: www.tactltd.org

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Together (Northern Office) 1

Address: Unit 22, Unity Business Centre,
26 Roundhay Road, Leeds LS7 1AB

Tel: 0113 244 6992

Fax: 0113 243 9929

Email: northernoffice@together-uk.org

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Together (Wakefield)

Tel: 01924 375754

Email: wakefield@together-uk.org

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Wakefield and District Housing (WDH)

Address: Head Office, Merefield House, Whistler Drive, Castleford WF10 5HX

Tel: 0845 8 507 507. Typetalk calls welcome.

Web: www.wdh.co.uk

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Wakefield Able2

Contact: Steve Greatorex

Address: 16 Royal Court, Pontefract, WF8 4RX

Tel: 01977 709576

Email: greatorex_s@sky.com

Web: www.able2.org.uk

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Wakefield Adult & Community Education Service

Address: Manygates Education Centre,

Manygates Lane, Sandal, Wakefield WF2 7DQ

Tel: 01924 303302

Email: aces@wakefield.gov.uk

Web: www.wakefieldaces.org.uk

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Wakefield City & District Society for Deaf People

Address: 7 South Parade, Wakefield WF1 1LR

Tel: 01924 375958

Minicom: 01924 371106

Email: enquiries@wakefielddeaf.org.uk

Web: www.wakefielddeaf.org.uk

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Wakefield College (Course Information)

Address: Margaret Street, Wakefield WF1 2DH.

Tel: 01924 789111

Web: www.wakcoll.ac.uk

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Wakefield District Young Carers

Address: Pontefract Hub, The Base, Green Lane,
Carlton, Pontefract WF8 3NW

Tel: 01977 722860

Email: wakefieldyoungcarers@barnados.org.uk

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Wakefield Learning Disability Partnership Board

Address: Valuing People Team, Grange View, Annie Street,
Outwood, Wakefield WF1 2PW

Email: ldpbenquiry@wakefield.gov.uk

Web: www.wakefieldldb.org.uk

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Wakefield Riding for the Disabled Association (Wakefield RDA)

Address: Pennine Community, Wood Lane, Chapelthorpe,
Wakefield WF4 3JL

Tel: 01924 241341

Fax: 01924 240257

Email: enquiries@wrda.org.uk

Web: www.wakefieldrda.typepad.co.uk

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Wakefield Shopmobility

Address: Ridings Shopping Centre, Wakefield WF1 1DS

Tel: 01924 787788

Email: shopmobility@wakefield.gov.uk

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Welfare Rights and Assessment Team (Wakefield Council)

PO Box 190, Wakefield WF1 1ZE

Helpline: 01924 307317

Email: benefits&assessments@wakefield.gov.uk

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West Riding Blind Association

Address: Parkside Centre, Leeds Road, Outwood, Wakefield WF1 2PN

Tel: 01924 215555

Email: wrba@btconnect.com

Web: www.wrba.org.uk

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West Yorkshire Police (Headquarters)

Address: PO Box 9, Wakefield WF1 3QP

Emergencies – Tel: 999

Non-Emergencies – Tel: 0845 6060606 24 hours a day,
7 days a week

Web: www.westyorkshire.police.uk

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Yorkshire Metropolitan Housing (Head Office)

Address: Yorkshire House, 6 Innovation Close,
Heslington, York YO10 5ZF

Tel: 01904 754 400 (9am - 4:30pm, Monday to Friday)

Fax: 01904 754 444

Email: enquiries@yorkshirehousing.co.uk

Web: www.yorkshirehousing.co.uk

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Yorkshire Metropolitan Housing - North Office

Address: Regent House, 161 Briggate, Leeds LS1 6LY

Telephone: 0113 243 4621

Fax: 0113 242 8764

Email: leeds@yorkshirehousing.co.uk

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Yorkshire Metropolitan Housing - West Office

Address: Parkside House, Somerset Road,
Huddersfield HD5 9AU

Telephone: 01484 431 666

Fax: 01484 544 143

Email: huddersfield@yorkshirehousing.co.uk

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Your Voice Advocacy Project (Wakefield)

Address: Pontefract Family Centre, 4 Harropwell Lane,
Pontefract WF8 1QY

Tel: 01977 705437

(Monday to Friday 9am to 5.30pm)

Email: scott.williams@cloverleaf-advocacy.co.uk

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Regional and National

Afasic – Unlocking Speech and Language

Address: 1st Floor, 20 Bowling Green Lane, London EC1R 0BD

Tel: 0845 3 55 55 77 (Monday to Friday 10.30am to 2.30pm)

Fax: 020 7251 2834

Email: info@afasic.org.uk

Web: www.afasic.org.uk

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Action on Elder Abuse (AEA) (Helpline)

Address: Astral House, 1268 London Road,
Norbury, London SW16 4ER

Tel: 080 8808 8141

Email: enquiries@elderabuse.org.uk

8

Ann Craft Trust

Address: Centre for Social Work, University of Nottingham,
University Park, Nottingham NG7 2RD

Tel: 0115 9515400

Fax: 0115 9515232

Email: ann-craft-trust@nottingham.ac.uk

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Arriva

Address: Arriva Customer Services, FREEPOST NEA 4591,
Wakefield WF1 4BR

Web: www.arrivabus.co.uk

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Benefit Enquiry Line (Department for Work and Pensions)

Address: 2nd Floor, Red Rose House,
Lancaster Road, Preston PR1 1HB

Tel: 0800 882 200

Textphone: 0800 243 355

Email: BEL-Customer-Services@dwps.gsi.gov.uk

Website: www.direct.gov.uk/disability-money

2

The British Dyslexia Association

Address: 98 London Road, Reading RG1 5AU.

Tel: 0118 966 8271

Fax: 0118 935 1927

Email: helpline@bdadyslexia.org.uk

Web: www.bdadyslexia.org.uk

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British Institute of Learning Difficulties (BILD)

Address: Champion House, Green Street,

Kidderminster DY10 1JL.

Tel: 01562 723 010

Fax: 01562 723 029

Email: enquiries@bild.org.uk

Web: www.bild.org.uk

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British Red Cross (West Yorkshire)

Address: Beech House, 333 Leeds Road, Idle,

Bradford BD10 9AB

Tel: 01274 620 999

Fax: 01274 620 366

Email: WYorkshire@redcross.org.uk

Web: www.redcross.org.uk

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British Tourist Authority

Address: Thames Tower, Blacks Road, London W6 0QA

Tel: 020 8846 9000

Web: www.visitbritain.com

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BREAK

Address: Davison House, 1 Montague Road,
Sheringham, Norfolk NR26 8WN.

Tel: 01263 822161

Fax: 01263 822181

Email: office@break-charity.org

Web: www.break-charity.org

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Care Quality Commission (CQC)

Tel: 03000 616161

Email: enquiries@cqc.gov.uk

3

Carers Direct

Tel: 0808 802 0202

Email: CarersDirect@nhschoices.nhs.uk

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Carers Federation

Address: Carers Centre, 1 Beech Avenue,
Sherwood Rise, Nottingham NG7 7LJ

Tel: 0115 985 8485 Fax: 0115 924 5858

Email: info@carersfederation.co.uk

Web: www.carersfederation.co.uk

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Carers UK

Address: 20 Great Dover Street, London SE1 4LX

Tel: 0808 808 7777

(Wednesday and Thursday 10-12pm and 2-4pm)

Email: info@carersuk.org

Web: www.carersuk.org

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Cinema Exhibitors' Association Card

Address: The Card Network, Network House,
St Ives Way, Sandycroft CH5 2QS

Tel: 0845 123 1292

Fax: 0845 123 1296

Minicom/Textphone: 0845 123 1297

Email: info@ceacard.co.uk

Web: www.ceacard.co.uk

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Citizens Advice Bureau

Web: www.adviceguide.org.uk

3

Connect in the North

Address: Bridge House, Balm Road, Hunslet,
Leeds LS10 2TP

Tel: 0113 270 3233

Fax: 0113 270 3733

Email: info@citn.org.uk



Department of Health (Publications)

Address: PO Box 777, London SE1 6XH

Health Literature Line: 0800 555777

(Monday – Friday 8am–6pm)

Adviceline: 0800 9177711

Web: www.dh.gov.uk



Diabetes UK (Careline)

Address: Macleod House, 10 Parkway, London NW1 7AA

Tel: 0845 120 2960 (Monday-Friday, 9am-5pm)

Email: careline@diabetes.org.uk

Web: www.diabetes.org.uk



DIAL UK (Disability Information and Advice Line)

Address: St Catherine's, Tickhill Road, Doncaster DN4 8QN

Tel: 01302 310 123

Fax: 01302 310 404

Textphone: 01302 310 123

Email: informationenquiries@dialuk.org.uk

Web: www.dialuk.info



Directgov

Web: www.direct.gov.uk



DisabledGo

Web: www.disabledgo.info



The Disabilities Trust

Address: 60 Queen Street, Normanton, Wakefield WF6 2BU

Tel: 01924 896100

Fax: 01924 899264

Email: ces@disabilities-trust.org.uk

Web: www.disabilities-trust.org.uk

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Disabled Persons Railcard

Address: Rail Travel Made Easy, PO Box 11631,

Laurencekirk AB30 9AA

Tel: 0845 605 0525

Minicom: 0845 601 0132

Email: disability@atoc.org

Web: www.disabledpersons-railcard.co.uk

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Down's Syndrome Association

Address: Langdon Down Centre, 2a Langdon Park,

Teddington TW11 9PS

Tel: 08452 300 372

Fax: 08452 300 373

Email: info@downs-syndrome.org.uk

Web: www.downs-syndrome.org.uk

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Dyspraxia Foundation

Address: 8 West Alley, Hitchin, Hertfordshire SG5 1EG.

Helpline: 01462 454 986 (10am-1pm, Monday-Friday)

Fax number: 01462 455 052

Email: dyspraxia@dyspraxiafoundation.org.uk

Web: www.dyspraxiafoundation.org.uk

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West Yorkshire Dyspraxia Support Group

Email: info@dyspraxia-westyorks.org.uk

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Employment Opportunities

Address: Alison Business Centre, 40 Alison Crescent,
Sheffield S2 1AS

Freephone: 0800 458 2363

Telephone: 0114 265 2070

Fax: 0114 265 0520

Email: kay.hawcroft@eopps.org

Web: www.opportunities.org.uk

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Equality and Human Rights Commission (Helpline)

Address: Freepost RRLL-GHUX-CTR, Arndale House,
Arndale Centre, Manchester M4 3EQ

Tel: 08457 622 633

Textphone: 08457 622 644

Fax: 08457 778 878

3

Foundation for People with Learning Disabilities

Address: 9th Floor, Sea Containers House,
20 Upper Ground, London SE1 9QB

Tel: 020 7803 1100

Fax: 020 7803 1111

Email: fpld@fpld.org.uk

Web: www.learningdisabilities.org.uk

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Holiday Care

Address: Tourism for All, The Hawkins Suite, Enham Place,
Enham Alamein Andover SP11 6JS

Tel: 0845 124 9971

Fax: 0845 124 9972

Minicom: 0845 124 9976

Email: info@tourismforall.org.uk

Web: www.holidaycare.org.uk

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Housing Options

Address: Stanelaw House, Sutton Lane, Sutton, Witney,
Oxfordshire OX29 5RY

Tel: 0845 4561497

Email: enquiries@housingoptions.org.uk

Web: www.housingoptions.org.uk

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Independent Complaints Advocacy Service (ICAS) (Yorkshire and Humberside)

Tel: 0845 120 3734

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The Kiloran Trust

Address: 0207 602 7404

Fax: 0207 602 3303

Email: info@kilorantrust.org.uk

Web: www.kilorantrust.org.uk

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learndirect

Address: PO Box 900, Leicester, LE1 6XR

Tel: 0800 101 901

Web: www.learndirect.co.uk

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Leonard Cheshire Disability (North East & Yorkshire Region)

Address: Unit 7 Clifton Moor Business Village,
James Nicolson Link, York YO30 4XG

Tel: 01904 693422

Fax: 01904 693260

Email: northeastandyorksoffice@lcdisability.org

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Lifeways Community Care (Halifax Office)

Address: Rimani House, 14-16 Hall Street, Halifax HX1 5BD

Tel: 01422 380 022

Fax: 01422 380 044

Email: halifax@lifeways.co.uk

Web: www.lifeways.co.uk

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Livability

Address: 50 Scrutton Street, London EC2A 4XQ

Tel: 020 7452 2000

Fax: 020 7452 2001

Email: info@livability.org.uk

Web: www.livability.org.uk

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The Local Government Ombudsman (Advice Team)

Address: PO Box 4771, Coventry CV4 0EH

Tel: 0845 602 1983 or 024 7682 1960

You can also text 'call back' to 0762 480 4323

Fax: 024 7682 0001

Email: advice@lgo.org.uk

Web: www.lgo.org.uk

3

Mencap (Learning Disability Helpline)

Address: Learning Disability Helpline, Mencap,
4 Swan Courtyard, Coventry Road, Birmingham B26 1BU.

Tel: 0808 808 1111

Typetalk: 18001 0808 808 1111

Email: help@mencap.org.uk

Web: www.mencap.org.uk

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Mencap (North)

Contact: Janice Scott, 6 Nightingale Court,
Nightingale Close, Rotherham S60 2AB

Tel: 01709 830956

Email: janice.scott@mencap.org.uk

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Metro

Address: Wellington House, 40-50 Wellington Street,
Leeds LS1 2DE

Tel: 0113 245 7676

Email: metroline@wypte.gov.uk

Web: www.wymetro.com

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The National Autistic Society (NAS) (Autism Helpline)

Address: NAS, 393 City Road, London, EC1V 1NG

Tel: 0845 070 4004

Web: www.nas.org.uk

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The National Autistic Society (NAS) (Prospects)

Email: prospects.london@nas.org.uk

Web: www.autism.org.uk

5

NAS Yorkshire and the Humber Regional Officer: Rebecca Mears

Address: The National Autistic Society,
11 Concept Court, Allendale Road, Thirsk Industrial Estate,
Thirsk YO7 3NY

Tel: 01845 573590 / 07899 067355

Email: rebecca.mears@nas.org.uk

5

NHS Direct

Tel: 0845 46 47 (24 hours a day, 7 days a week)

Web: www.nhsdirect.nhs.uk

4

Office of the Public Guardian (OPG)

Address: PO Box 15118, Birmingham B16 6GX

Tel: 0845 330 2900

Fax: 020 7664 7551

Email: customerservices@publicguardian.gsi.gov.uk

Web: www.publicguardian.gov.uk

2

Open Door Project - Sanctuary Scheme

Tel: 01924 304383/304384

Parliamentary and Health Service Ombudsman (Complaints)

Address: Millbank Tower, Millbank, London SW1P 4QP

Tel: 0345 015 4033 (8.30am – 5.30pm Monday-Friday)

Fax: 0300 061 4000

Email: phso.enquiries@ombudsman.org.uk

3

People First (Self Advocacy)

Address: FREEPOST RLYX-KLZY-BALA, Hampton House, 4th Floor, 20 Albert Embankment, London SE1 7TJ

Tel: 020 7820 6655

Fax: 020 7820 6621

Email us: general@peoplefirsttld.com

Web: www.peoplefirsttld.com

8

The Princess Royal Trust for Carers

Address: Northern Office, Suite 6, Oak House, High Street, Chorley PR7 1DW

Tel: 01257 234 070

Fax: 01257 234 105

Email: infochorley@carers.org

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RADAR: The Disability Network

Web: www.radar.org.uk

7

Real Life Options (Yorkshire)

Address: Offices 2706 - 2708 Concourse House, 432 Dewsbury Road, Leeds LS11 7DF

Tel: 01132 702 270

Fax: 01132 702 220

Email: info@reallifeoptions.org

Web: www.reallifeoptions.org

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Remploy

Address: Ground Floor, Phoenix House, South Parade, Leeds LS1 5QX

Tel: 0300 456 8022

Fax: 0845 155 2562

Web: www.rempoy.co.uk

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Respond

Address: 3rd Floor, 24-32 Stephenson Way,
London, NW1 2HD

Tel: 0808 808 0700

Web: www.respond.org.uk

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The Retreats Association

Address: The Retreats Association, The Central Hall,
256 Bermondsey Street London SE1 3UJ

Tel: 020 7357 7736

Fax: 0871 715 1917

Email: info@retreats.org.uk

Web: www.retreats.org.uk

6

Royal National Institute for Blind People (Helpline)

Address: 105 Judd Street, London WC1H 9NE

Tel: 0303 123 9999 (Monday to Friday 9am - 5pm,
Wednesdays 9am – 4pm)

Email: helpline@rnib.org.uk

Web: www.rnib.org.uk

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Royal National Institute for Deaf People (RNID) (Information Line)

1Address: 19-23 Featherstone Street, London EC1Y 8SL

Tel: 0808 808 0123

Textphone: 0808 808 9000

Fax: 020 7296 8199

SMS: 0780 000 0360

Email: informationline@rnid.org.uk

Web: www.rnid.org.uk

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Safe at Home Team

Tel: 0800 9151561

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Samaritans

Address: Chris, PO BOX 9090, Stirling FK8 2SA

Tel: 08457 90 90 90

Email: jo@samaritans.org

Web: www.samaritans.org

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Scope (Helpline)

Address: 6 Market Road, London N7 9PW

Tel: 0808 800 3333

SMS: Text SCOPE, plus your message to 80039

Email: response@scope.org.uk

Web: www.scope.org.uk

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Scope (Wakefield)

Address: Unit B, Moor Business Centre,
Thornes Moor Road, Wakefield WF2 8PF

Tel: 01924 366711

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Self Unlimited

Address: North East Region – North Road,
Ponteland, Newcastle upon Tyne NE20 0BW

Tel: 01661 860333

Fax: 01661 821830

Email: northeast@selfunlimited.co.uk

Web: www.selfunlimited.co.uk

6

Shaw Trust

Address: Fox Talbot House, Greenways Business Park,
Bellinger Close, Chippenham SN15 1BN

Tel: 01225 716300

Minicom: 08457 697288

Fax: 01225 716301

Web: www.shaw-trust.org.uk

6

Skill – National Bureau for Students with Disabilities

Address: Chapter House, 18-20 Crucifix Lane, London SE1 3JW

Tel: 020 7450 0620

Textphone: 0800 068 2422

Email: info@skill.org.uk

Web: www.skill.org.uk

5

Speakup Self Advocacy

Address: Durlstone House, 5 Moorgate Road, Rotherham S60 2EN

Tel: 0303 123 7013

Fax: 01709 374129

Email: team@speakup.org.uk

www.speakup.org.uk

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StophateUK

Tel: 0800 138 1625

Office Tel: 0113 2935100

Email: info@stophateuk.org

Web: www.stophateuk.org

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UBU (Yorkshire)

Address: 7 Haywra Street, Harrogate HG1 5BJ

Tel: 01423 858687 or 01423 537567 (Referrals)

Email: enquiries@ubu.me.uk

Web: www.ubu.me.uk

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United Kingdom Disabled People's Council (UKDPC)

Address: Litchurch Plaza, Litchurch Lane, Derby DE24 8AA

Tel: 01332 295551

Fax: 01332 295580

Minicom: 01332 295581

Email: general@UKSDPC.org

Web: www.bcodp.org.uk

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United Kingdom Homecare Association

Address: Group House, 2nd Floor, 52 Sutton Court Road,
Sutton, Surrey SM1 4SL

Tel: 020 8288 5291

Fax: 020 8288 5290

Email: helpline@ukhca.co.uk

Web: www.ukhca.org.uk

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Women's Aid National

Domestic Violence Helpline

Tel: 0808 2 000 247

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