

Developing Microboards in the North East and Yorkshire & Humber

Inclusion North are working with Linda Perry from the Vela Microboard Association to share their idea's with people in the North East and Yorkshire and Humber.



What is a Microboard?

A Microboard is a small group of family and friends who join with a person who has life challenges to create a non-profit community board.

Microboards started up in Canada about 20 years ago and there are now over 500 Microboards in British Columbia alone and many others across North America, Australia and Ireland.

Microboards are an approach that contribute to the aims of "Putting People First"

Microboards are a way of:

- ✓ Developing personal networks
- ✓ Having control over resources/services
- ✓ Give you an opportunity to contribute to the community
- ✓ Sharing information, ideas, gifts and experiences





This is an opportunity to come and meet Linda Perry who is the Executive Director of Vela Microboard Association of Canada. During her 35 year career Linda has worked in a variety of capacities for and with people with physical and learning difficulties. During the last 20 years, Linda has worked for Vela supporting the creation of over 700 Microboards in British Columbia, as well as consulting on projects in the United States, Australia, Northern Ireland and Ireland. Linda is also the proud mother to five children ranging in age from 6 to 36. Several of her children have special needs.

When is the Event Happening?

These events are **free** to Inclusion North Members.

All events are half day sessions

They will give you an introduction to Microboards and how to get started

They will be on:

Monday 20th September – York

This event is for health and social service managers, commissioners, care managers from Yorkshire & Humber and the North East

Tuesday 21st September – York

This event is for Family Carers and People with Learning Disabilities in Yorkshire & Humber

Wednesday 22nd September – Newcastle

This event is for Family Carers and People with Learning Disabilities in North East



How to Book your Place?

To book your places then contact Danny:

By telephone on 0113 262 6409



Or by email on info@inclusionnorth.org



Or you can write to us at:

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