

Who can get help?

Adults with learning disabilities, carers caring for an adult relative or friend with learning disabilities.

What do I do if I feel I need a service?

You can telephone, email or write to the Social Care Direct Team, which is based at address and telephone number are at the back of this leaflet. If you prefer, you can ask someone else to contact us on your behalf. When you contact us, we will ask you questions about the concerns that you have and the help that you need. It is important that you tell us as much as possible about your difficulties. If you are a carer of a person with a learning disability, you are entitled to as a separate assessment of your needs if you wish.

Putting service-users and carers first.

You will be treated with courtesy and respect. There will be a full discussion with you about the provision of services. You will be given full information about services. Your privacy, dignity and individuality will be respected. Your cultural and religious needs will be respected. please tell us about these. Your personal information will be treated confidentially and only shared with those professionals that need to know in order to provide good quality care.

What is an assessment? The aim of the assessment is to find out what your needs are some of the things we may ask you are:

- What you do for yourself
- What you need help with
- What your needs are
- Who helps and cares for you at the moment

You can invite anyone you wish to the assessment, such as a relative or friend.

How much will services cost?

You may be required to pay for the services you receive. How much you pay will depend on your income and the amount of help you need. You may be entitled to benefits, and we will help you claim them.

How to contact the team:

If you are interested in receiving any of the services in this leaflet, or would like more information, please contact:

Social Care Direct

71a Northgate
Wakefield
0845 8503 503
Email: social_care_direct@wakefield.gov.uk

Local voluntary organisations can give advice, support and practical help to people with learning disabilities and their carers. To find out more about voluntary services, contact:

Your Voice Advocacy

Pontefract Family Centre
4 Harropwell Lane
Pontefract
01977 723215

Carers Wakefield & District

25 King St
Wakefield, WF1 2SR
01924 305544

Citizen's Advice Bureau

27 King Street
Wakefield
WF1 2SR
0870 121 2044

NHS Direct

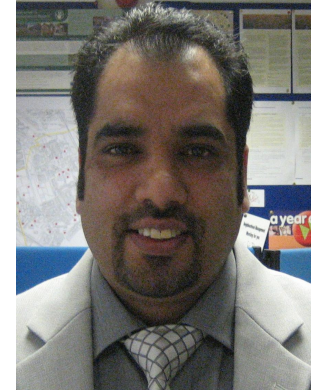
0845 464748

Wakefield Learning Disability Partnership Board

Sara Pearson:- 01924 303847
Annie Street, Outwood, Wakefield. WF1 2PW

Website:- ldpbenquiry@wakefield.gov.uk

Help and Support from Wakefield Family Services for People with Learning Disabilities and their carers



Arshad Mahmood
Black & Minority Ethnic Development Worker
for Learning Disabilities
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**Copies of this leaflet are available in
several community languages and
also in large print or on tape for blind and
partially sighted people. For tapes and leaflets,
please contact the above.**

اس کتابچہ کی نقلیں کئی کمیونٹی زبانوں میں دستیاب
ہیں اور نابینا یا جزوی بینائی والے لوگوں کے
واسطے بڑے حروف یا ٹیپ کی صورت میں بھی
دستیاب ہیں۔ ٹیپوں اور کتابچوں کے لئے مندرجہ بالا
سے رابطہ کریں۔

How I can help you

My job is to work with black and minority ethnic communities in Wakefield to make sure services for people with learning disabilities and family carers are appropriate and that they are receiving the support they need. If you have a learning disability, are a family carer or a friend of someone with a learning disability from a black and minority ethnic community you can contact me to find out what support I can offer.

If you have any questions about what is in this leaflet contact me on the number that's on the front of this leaflet.

What services are available?

Wakefield Family Services work closely with other organisations to provide a range of services to people with learning disabilities and their carers, taking full account of their needs and wishes. Some of the services available are:

1. Help to have a break
2. Free support for carers
3. Day activities and employment opportunities
4. Social work advice and support
5. Help with moving on

1) Help to have a break

People with learning disabilities and their relatives or carers may welcome the opportunity to spend some time apart. This may be a break for just a few hours, or a longer period of time. There are a variety of services available, which includes care in your own home, with another family or in a residential home.

2) Free support for carers

Carers Wakefield & District offer support to all adult carers regardless of the disability or illness of the person that they care for. This includes information and advice, advocacy or simply someone to talk to and provide a listening ear.

We also operate the My Time Carers Breaks and Support scheme which allows carers to apply for up to £200 each year to get a break from their caring responsibilities.

For those specifically caring for someone with a learning disability, we have a dedicated support worker for carers aged over 60, who is able to visit you at home and work on a one-to-one basis with you to help you make plans for the future, and advise you on lots of other issues which may affect your caring situation.

There is a carers sub group where carers work together to improve services for people with learning disabilities. The group meets about every 6 weeks at the Wakefield Tenants and Residents Federation. Please get in contact if you feel that we may be able to help, or simply to find out more about what we do.



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3) Day activities and employment opportunities

A variety of education, training and leisure opportunities are available through day resource centres. The activities at the centres are based on the individual's interests and may lead to work style opportunities. Some people are supported to move straight into employment if they are ready to take this step.

4) Social work advice and support

Wakefield Council has four teams, which are in the north, east, south and west areas of Wakefield. The teams are made up of the following people.

Social Workers - Their role is to carry out an assessment of your needs, social workers also offer advice, information, support and assistance and arrange services and visit you to make sure everything is going well.

Community Nurses - They carry out an assessment of your health needs and help you look after yourself. They offer advice and information on how to stay healthy and support you on where to go when you are feeling unwell.

Healthcare Support Worker - They support the Community Nurses to ensure your health needs are met and help you to look after yourself.

5) Help with moving on

We aim to help people with learning disabilities integrate better into the community when the time is right. There is a wide range of care options available in Wakefield, this includes staffed residential homes and placements with local families. We can give you advice about what is available and help you choose a suitable placement.